



Courage to SPARKLE: Creating a Life that Lights You Up*

Just as a beautiful gem stands out, celebrates its brilliance, so do we, as women, SPARKLE, when we reflect the light of who we are, embrace our multi-faceted selves, and live our most authentic lives. As a result, we experience a greater sense of fulfillment in our lives, that allows us to thrive both personally and professionally while impacting the people in our lives and our communities. Happy Women...Happy Planet!

Are your passions, skill sets, and You-nique gifts being expressed in both your personal and professional lives? Or does chronic perfectionism and trying to be all things to all people instead of putting your own priorities and dreams first cause your SPARKLE POWER to go south?

In this high-energy, highly interactive program, your participants will come away crystalizing:

- The 3P's of Mining for Your SPARKLE (clue it's not always your Skill Set)
- Your "Purple Glasses Moment" that leads to a More Engaged and Authentic Life
- Creating a SPARKLE SUPPORT SYSTEM that keeps you lit up.

*This program is ideal for an opening, closing, or plenary session at empowerment, leadership, and entrepreneurial conferences. Courage to SPARKLE can be presented as a keynote or breakout or combination of both as well as structured as an interactive networking event.